

FLORIDA ATHLETIC CLUB

1507 Sundown Lane, Clermont, Florida 34711

Nov. 30, 2009

NEWSLETTER

Over this past year we have had a great start in reorganizing the FAC into an effective program. It has been difficult restructuring after the loss of Bob Fine who by himself put all the pieces together. Bob had over 300 members on his club roster yet today we have but 103. This newsletter is being sent to each of the 103 who are active members.

As you paid your 2009 dues you have kept the Club alive. Without a treasury personal funds were used to get a restart as the treasury was wiped clean from the previous year. We now with your help and some organized activity have over \$1500.00 in the checkbook for our creative use. With this in mind we will extend to each of you membership for 2010.

Our current **Board of Directors** which will go through 2010 are as follows:

Peter Bayer -- Race Walking -- pbayer77@creativemarketingproducts.com

Lionel Bonck -- Sprints -- lnbonck2@aol.com

Bob Cahners -- Throws -- rcahners@aol.com

Don DeNoon -- Administrative -- noonwalk_99@yahoo.com

Joe Johnson -- Jumps -- jumpinjoe@embarqmail.com

Josh Logan -- Road Distance -- coachlogan@aol.com

Alan Smith --Track Distance -- asmith170@cfl.rr.com

Jack Warner -- Records -- jawarner@gate.net

Please contact each individual for assistance. If you believe you can add another aspect to our Board please do not hesitate to volunteer. Our success will depend upon each of us.

A complete copy of our current membership could be sent to you upon request at noonwalk_99@yahoo.com

Relays members needed at Florida Senior Games in Ft. Myers. See Lionel Bonck at meet or contact him by email.

National Indoor/Outdoor Championships

As a smaller club for 2009 we found ourselves competing well at the Indoor and Outdoor Championships. The team finished fifth overall against teams which had 100 in attendance. I have attached a copy of our club results from the Outdoor Meet which Lionel Bonck put together. Congrats to all that achieved their goals!

Josh Logan has provided us with an article he wrote looking toward 2010. I think you will find it enlightening. For those of you that run road races please let Josh know what and when you are competing. There will be a number of Florida Road Race Championships contested in 2010. **Can we compete as a team?**

Jack Warner has gone to a great effort to compile the FAC Members Performance Database. Each of you should have received a copy of his request for information. Please take some time immediately to update you Performances. Call Jack for any questions you may have. 561-251-0401

Sandy DeNoon will represent the FAC at the upcoming USATF Convention being held in Indiana during December. She currently holds the position of Florida USATF Race Walking Chair.

No Master's Track and Field Chair. The Florida Master's are not represented in the Board of Directors for USATF Florida. Without a voice it is difficult to be heard. If you accordingly.

Tentative 2010 Florida USATF Schedule --Please notify a Board Member if you are aware of additional meets scheduled in your area. When a final schedule comes out in January we will be posting it to you.

Dec. 5 NTC Throws Challenge --see www.usantc.com for details

Jan. 9 NTC Throws, High Jump, and Pole Vault Challenge

Jan. 16 NTC Winter Sun Track and Field Meet

Feb. 13 NTC Throws, High Jump and Pole Vault Challenge

Mar. 13 Break Away Open and Youth at NTC --noonwalk_99@yahoo.com

Mar. 20 NTC Throws, High Jump and Pole Vault Challenge

April 10 NTC Throws, High Jump and Pole Vault Challenge

May 3 Florida USATF Open and Master's Track and Field Championships at NTC .

May 16 NTC Classic Track and Field Meet

Uniforms Several of our members have taken advantage of our great new team uniform which includes sweats, jersey, shorts and t-shirt. All can be purchased as separate items or as a complete package for \$150.00. Contact Sheryl at Bodies in Motion 352-242-4391/ These items would make for a **Great Christmas Present for yourself or a loved one.**

Encourage New Memberships or renewals. We are only as strong as our weakest link. We can all make a difference in our future growth.